



Week ending issue: December 9, 2016– Issue #313

Policy

Policy from the WIC State Program Certification Policy and Procedure Manual

Policy 215.14 Precertification of pregnant Women – Requirements for Using Referral Data – Breastfeeding Promotion and Support

If infant feeding is discussed, referral agency personnel are encouraged to use open-ended questions to explore her attitude and knowledge about breastfeeding. This approach quickly identifies real and perceived barriers and helps staff provide targeted educational messages to address those issues. It also keeps the “door open” to provide more information about breastfeeding. This is much more effective than asking a woman how she plans to feed her baby and then trying to promote breastfeeding when she already stated her intent to formula-feed.

The WIC Program produces several client education brochures about breastfeeding. Referral agencies can obtain these brochures from the local WIC agency. A camera-ready copy is also available at no charge if the agency chooses to print their own supply.

The referral agency is required to provide each applicant with a copy of the brochure, *Thinking About Breastfeeding*.

Note: If the applicant is the only member of her household receiving WIC benefits, you must also enclose a list of approved vendors in your service area and the current approved food list.

Information

Johnson County Public Health seeks a part-time (20 hour/week) grant funded Nutritionist to provide nutrition assessment and education to participants of the WIC and Maternal/Child Health Programs. Experience in WIC and/or speaks Spanish or French preferred.

Special requirements: Must be licensed as a Dietitian in the State of Iowa. Valid driver's license and insurable under County liability coverage.

\$22.57 - \$26.55/per hour to start plus outstanding benefits. Applications will be accepted until the position is filled. Apply online @ www.johnson-county.com. **Cover letter and resume required.** AA/EOE

Chuck Dufano, MS, RD, LD
WIC/MCH Coordinator
Johnson County Public Health
855 S. Dubuque Street
Iowa City, IA 52240
319-688-5863

Thank you of the Week

"I am a strong advocate of the WIC program and have witnessed it's benefits first hand. My husband is a graduate student, and though I work part-time, WIC has helped to provide much needed nutritional support for my family.-
WIC Participant

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"My husband lost his job and has had his salary cut at his new job so our budget is limited. Through our WIC benefits I am able to supplement our grocery budget, buy fruits and vegetables that would otherwise be over our budget, and provide my family with much needed stable items. We also received knowledge and support about any feeding issues that may arise. WIC services have been an answer to our prayers and a much appreciated financial support during our time of need." - WIC Participant

## Participant Centered Services



## Find Us on Facebook



<https://www.facebook.com/IowaWIC>

## eWIC/Focus Update

### Trainings:

The Healthy Children Lactation Counselor Training course (CLC) is being offered in Des Moines on Feb 13-17, 2017. The training will be held at AmeriHealth Caritas Community Office at Harding Hills, 3420 Martin Lutheran King Jr Parkway, Des Moines, IA 50310 located next to the Harding Hills HyVee. It is very seldom that this training is hosted in Iowa so take advantage while you can. The number of attendees are limited and you need to register four weeks prior to the start date to get the early bird price. To register go to The Center for Breastfeeding website:

<http://www.healthychildren.cc/clc.htm> and select Des Moines for the city you want to attend. This is a 'last minute' training due to cancellation of another site. For more information contact Karen Goff at 515-282-6704 or [kgoff@broadlawns.org](mailto:kgoff@broadlawns.org)

### 2017 Dates to Remember:

Contractor's Meeting Webinar- **January 31, 2017 9 am- 12 pm**

Maternal Core Training- **March 29, 2017**

Breastfeeding Core Training- **March 30, 2017**

Infant/Child Core Training- **August 1, 2017**

Coordinator Meeting (In-person)- **August 29, 2017**

Communication and Rapport Core Training- **October 24, 2017**

### NETC 2017 Schedule:

#### January:

NETC Go-To-Meeting (All new staff) – January 12, from 8:30-11:30 (Nicole and Nikki)

NETC Go-To-Meeting (Health Professional) – January 19, from 8:30-11:30 (Kimberly and Nikki)

NETC Go-To-Meeting (Support Staff) – January 26, from 8:30-11:30 (Connie and Nicole)

#### March:

NETC Go-To-Meeting (All new staff) – March 9, from 8:30-11:30 (Nicole and Nikki)

NETC Go-To-Meeting (Health Professional) – January 16, from 8:30-11:30 (Kimberly and Nikki)

NETC Go-To-Meeting (Support Staff) – January 23, from 8:30-11:30 (Connie and Nicole)

**May:**

NETC Go-To-Meeting (All new staff) – May 11, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – May 24, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Support Staff) – May 25, from 8:30-11:30 (State staff TBD)

**July:**

NETC Go-To-Meeting (All new staff) – July 13, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – July 20, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Support Staff) – July 27, from 8:30-11:30 (State staff TBD)

**September:**

NETC Go-To-Meeting (All new staff) – September 14, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – September 21, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Support Staff) – September 28, from 8:30-11:30 (State staff TBD)

**November:**

NETC Go-To-Meeting (All new staff) – November 9, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Health Professional) – November 15, from 8:30-11:30 (State staff TBD)

NETC Go-To-Meeting (Support Staff) – November 16, from 8:30-11:30 (State staff TBD)

**Available Formula**

| Product                                              | Quantity                         | Expiration Date | Agency                      | Contact                                                                                                                    |
|------------------------------------------------------|----------------------------------|-----------------|-----------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Tolorex formula                                      | 7 boxes w/<br>6 pkts each plus 2 | 2/17            | HACAP                       | Angela Munson 319-366-7632                                                                                                 |
| RTU Neosure                                          | 26 containers                    | 9-1-17          | Upper Des Moines            | Tammy Chapman, RD,<br>LD 712-859-3885, Ext.                                                                                |
| RCF Concentrate                                      | 11 cans                          | 5/2017          | Webster County WIC          | Kathy Josten, LD,<br>CBE 515-573-                                                                                          |
| Therapeutic Pediasure<br>1.5 cal. per ml 350 calorie | 68 - 8oz cans                    |                 | North Iowa Community Action | Carla Miller,<br>LBSW (641)423-5044 ext.                                                                                   |
| Alfamino Infant 14.1 oz powder                       | 3 containers                     | 5/28/17         | Pottawattami e County WIC   | Kristine Wood, MS,<br>RDN, LD 712-328-5886                                                                                 |
| Enteral Pediasure<br>Vanilla flavored                | 112 cans                         | 7/2017          | Scott County WIC            | Deb Dodson,<br>Office: (563) 823-9228<br>Fax: (563) 333-3027<br><a href="mailto:ddodson@chcqca.org">ddodson@chcqca.org</a> |

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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